

## AUTHORIZATION TO USE AND/OR DISCLOSE PROTECTED HEALTH INFORMATION (PHI)

### PARTICIPANT INFORMATION (REQUIRED)

I, \_\_\_\_\_, authorize Deseret Mutual Benefit Administrators (DMBA), its business associates, and any and all  
PARTICIPANT FULL NAME

healthcare providers and/or facilities (including mental health professionals) who have treated me before or after this authorization to use and disclose my PHI to the person/group named below:

1. Full name: \_\_\_\_\_ Birth date: \_\_\_\_\_

2. Full name: \_\_\_\_\_ Birth date: \_\_\_\_\_

3. Full name: \_\_\_\_\_ Birth date: \_\_\_\_\_

PHI is information about a person's past, present, or future physical or mental health that is individually identifiable and is maintained or transmitted by a healthcare provider, health plan, or healthcare clearinghouse. This generally includes, but is not limited to, information such as medical records, symptoms, diagnoses, treatments, prognosis, lab results, medications and information about insurance, claims, and payment.

**Duration/Revocation:** This authorization is valid until six months after termination of my enrollment in a DMBA-administered health plan unless revoked in writing before that time. I may revoke this authorization by writing to:

DMBA  
Attn: Member Services  
P.O. Box 45530  
Salt Lake City, UT 84145

(Revocation becomes effective only **after** it is received by DMBA and the revocation will not apply to use and/or disclosure of PHI that occurs before the written revocation request is received by DMBA.)

### PARTICIPANT OR PERSONAL REPRESENTATIVE SIGNATURE

I certify the above information is true and complete. I have a right to receive a copy of this authorization. Any information used or disclosed pursuant to this authorization may be subject to redisclosure and may, therefore, no longer be protected by privacy regulations. Treatment, payment, enrollment, or eligibility for applicable health benefits will not be conditioned upon my providing this authorization unless otherwise required by law.

**If this authorization is signed by a person acting on your behalf, he or she must attach documentation demonstrating authority to act on your behalf (e.g., power of attorney, guardianship, conservatorship, etc.).** I am the:  Participant  Personal Representative

Signer name: \_\_\_\_\_

Participant DMBA ID number: \_\_\_\_\_ Relationship to participant (if applicable): \_\_\_\_\_

Signer email: \_\_\_\_\_ Signer phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date (MM/DD/YY): \_\_\_\_\_

Please return this completed form to DMBA, Attention: Member Services, P.O. Box 45530, Salt Lake City, Utah 84145-0530, or fax it to 801-578-5933. For questions, visit [www.dmba.com](http://www.dmba.com) or call us at 801-578-5600 or toll free at 800-777-3622.